

**COMMUNITY
RESOURCE
GUIDE**

**OLMSTED COUNTY
2014-2015**

**Prepared by:
Homeless Community
Network**

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CHILD & FAMILY SERVICES

CRISIS NURSERY

287-1499

126 35th St SE

- May provide temporary short term care for children while families address a crisis
- No cost to the family

FATHER PROJECT

Family Service Rochester

272-2126

1110 6th St NW

- Assists fathers in overcoming the barriers that prevent supporting their kids economically & emotionally.
- Eligible fathers: 17 to 35+ years old, low income, unemployed or underemployed

OLMSTED COUNTY

Child Welfare Services

328-6400

- **HOPE** –empowers families of color with support services
- **PACE** – works with families of color who have school attendance issues
- **CARE** – support for parents who have a mental illness
- **Baby Steps** – on going support for pregnancy & child development.
- **Steps to Success** – for families with multiple children under the age of five

- **Bright Futures** – pregnancy & parenting support for adolescent moms & dads
- **Parent Support & Outreach** – links families to community resources

WOMEN, INFANTS & CHILDREN – (WIC)

2100 Campus Dr SE

328-7555

- Nutritious foods, such as milk, whole grains, cereal, eggs, fruits and vegetables, peanut butter or beans.
- Breastfeeding information and support
- Infants who are partially or not breastfed may receive iron-fortified formula
- Nutrition and health information
- Referrals to health and social services when appropriate

DAILY SOCIAL SERVICE

Salvation Army

288-3663

20 1st Ave NE

- Monday – Friday 8-11am & 1 – 4pm
- Clothing & household goods

DENTAL

Apple Tree Dental

424-1040/Fax: 424-1042

973 Skyline Drive SW

- Non-profit dental organization bringing dental care to people who otherwise would be without.

Community Dental Care 258-4046

1926 College View Road SE,
Heintz Center #116

- 7:00 am – 9:00 pm Monday - Thursday

Good Samaritan Dental Clinic 529-4100

120 North Broadway

- Emergency dental care only
- Call to schedule appointments
- MA, UCARE, BluePlus
- 7:00 am – 5:30 pm Friday
- All MN Healthcare insurance accepted
- Sliding fee scale

Midwest Dental 281-5981

2215 2nd St SW, #150

Mobile Dental Clinic

- Go to **UCARE.org** for dates, time & location

Rochester Community & Technical 280-3169

Dental Clinic 1-800-247-1296

1926 College View Road SE
Heintz Center #216

- Accepts insurance, MA, MNCARE
- Adult and children

- Cleaning, x-rays, fluoride treatments and sealants

UCARE Dental Hotline 1-800-896-2372

- Identifying local dentists taking: MA, UCare, BluePlus

UCARE Appointment Hotline 1-800-235-0564

- Monday – Friday 8am – 5pm
- UCARE’s dental services provider
- Will assist with referrals when additional services are necessary

EDUCATION

Hawthorne Education Center 328-4440

Adult & Family Literacy Program
700 4th Ave SE

- English language (ESL)
- GED preparation

Rochester Public Library 328-2309

101 2nd St SE

- Free library card & internet access
- Mon-Thurs 9:30am – 9pm
- Fri-Sat 9:30am – 5:30pm
- Sun 1:30pm – 5:30pm
- Summer hours: Sat 9:30am – 1:30pm
Sunday – closed

Rochester Public Schools 328-3000

Edison Administration Building

615 7th St SW

- School registration
- General information

Rochester Public School

Student in Transition Services 328-4276

- Homeless youth/families
- Immediate enrollment
- Free breakfast & lunch

EMPLOYMENT

Aerotek 206-5764

3425 40th Ave NW

Aspire Employment Solutions 421-5786

3145 Wellner Dr NE

CHOICES OF SE MN 280-5510

MN Displaced Homemaker Program

Heintz Center-RCTC

851 30th Ave SE

- Low-income male or female homemaker who is abandoned, separated, divorced, or dealing with death or disability

Experience Works 289-2652

Serves 55+

Express Employment Professionals 285-1616

2518 North Broadway

- Global Employment Solutions** 292-6692
1032 15th Ave SE
- Specializes in light industry
- Kelly Services** 282-1584
3800 Highway 52 N, Ste 250
- Labor Ready** 286-1064
903 6th St NW
- Work today-paid today
- Manpower** 285-0710
3443 22 Ave NW
- Masterson Staffing** 252-8481
3003 43rd St NW
- MEB Resources** (507) 799-0076
- Recruit for temporary or direct hire
- Veteran Employment Service** 285-7315
300 11th Ave NW
- Direct referrals for job openings
 - Training for disabled veterans
- Workforce Development Inc.** 292-5159
300 11th Ave NW
- Assist in looking for employment
 - Training Programs
- Workforce Youth Center** 292-5159
300 11th Ave NW
- M – F 8am – 4pm

FINANCIAL ASSISTANCE

Olmsted County Emergency Housing & Utility Aid 328-6500

Family Support & Assistance

2117 Campus Dr SE

- Minnesota Family Investment Program
- Emergency Assistance (EA)
- Food support & medical assistance

Family Homeless Prevention & Assistance Program 507-732-7399

Three Rivers Community Action Program

- Energy Assistance Program

FOOD SHELVES

Berean Community Church 289-4179

3157 Kenosha Drive NW

- In His Name food program
- \$15 for a box of groceries that would cost \$70 plus.
- Reserve a box by calling & leaving a clear message - **206-1889** by Wednesday.
- Pick up the 2nd Saturday monthly.
- Pick up time is: 11:00am – 1:00pm.

Channel One 287-2350

131 35 St SE

- Monday – Thursday -8 am – 5:45 pm
- Friday - 8 am – Noon

Catch a bus to Channel One – \$2 one-way cost

1. Bus # 14 – morning or evening
2. Bus # 6 – mid-day

Chosen Generation/Channel One 421-3107
1311 10th Ave NE

- 1st Saturday of every month
- 9:30am – 12:00pm
- People with limited mobility can call ahead and boxes will be delivered directly to your car in front of the church.

Community Food Response 281-5061
810 3 Ave SE

- Located at Bethel Lutheran Church
- Monday, Wednesday & Friday
5 pm to 6:30 pm
- Bring ID to get signed up

Hope Summit Christian Church 288-3293
1315 6th Ave SE

- In His Name food program
- \$15 for a box of groceries that would cost \$70 plus
- Reserve a box by calling & leaving a clear message - **206-1889** by Wed.
- Pick up is the 4th Saturday monthly
- Pick up time is: 11:00am – 1:00pm

Oasis Church/Supermarket Saturday 289-8596
1815 38th St NW

- **Third** Saturday of each month

- Opens at 10:00 am to 11:30am
- Channel One registration required

Rochester Outreach Center 226-8193
2450 Marion Road SE

- Saturday: 10:30am to 11:30am
- Sunday 5:15pm to 6:15pm
- Food is distributed on a first-come first-serve basis and is limited to one pickup per household per week.
- If you are in a food emergency situation or do not have transportation, please call Dale at 254-7258.

Salvation Army/Channel One 288-3663
20 1st Ave NE

- Tuesday & Friday only
10 am – 4 pm

FREE MEALS

Christ United Methodist Church 289-4109
400 5th Ave SW

- Saturday lunch 11am – 11:45am

Church of the Savior 289-7491
971 16th St SE

- Evening meal served the **first** Wednesday of each month from 5:30pm to 6:30pm

Salvation Army

288-3663

20 1st Ave NE

- Bread Table
Monday-Friday
8:00 am to 10:00 am
Cup of coffee, a donut & conversation
- Lunch
Monday-Friday
11:30 am to 12:30 pm
- Supper
Monday **only**
6:00 pm to 6:45 pm
Enter through the back door.

St. Francis Church

288-7313

1114 3rd St SE

- Sunday lunch from 11:30a – 12:30pm

The Salon - “Feed Those in Need”

251-3797

324 1st Ave SW

- **Fourth** Saturday of each month
- 11am – 3pm

HEALTH CARE**Emergency Care**

- **Olmsted Medical Center – Hospital**
1650 4th St SE
529-6600

- **St. Mary's Hospital**
1216 2nd St SW
255-5123

First Care Pregnancy Center 282-3377
902 North Broadway

- Free pregnancy tests
- Supportive Services and referrals

Good Samaritan Medical Clinic 529-4100
120 North Broadway

- Call to schedule appointments
- Monday & Wednesday, 4pm to 7pm
- Pediatric clinic-Tuesday & Thursday, 5pm to 7pm

Intercultural Mutual Assistance Association (IMAA) 289-5960
2500 Valleyhigh Dr. NW

- Community Health Workers

Lice Treatment Center Ladibugs Inc.
Call anytime day or night for assistance

- 1-888-361-9678

Mayo Clinic 284-2511
200 1st St SW

- General information line

Migrant Health Services 529-0503
1926 College View Road SE

- Monday – Friday

- 8:00 am -11:30 am/1:00 pm – 4:00 pm

Olmsted County Public Health 328-7500
2100 Campus Drive SE

- HIV & STD testing
- Birth control available
- Vaccinations & Immunizations

Olmsted Medical Center – Clinic 288-3443
210 9th St SE

- Olmsted Medical Center – NW
5067 55th St NW
292-7070
- FastCare South Clinic - Shopko
2820 S Broadway
292-7009
- FastCare North Clinic – Shopko
3708 Hwy 63 North
292-7009
- Skyway Clinic – Downtown
318 1st Ave SW, Ste 203
292-7250

Planned Parenthood 288-5186
1212 7th St NW

- HIV & STD testing
- Men & women are served

Rochester Veteran (VA) Clinic 252-0885
3900 55th St NW
Fax: 529-8452

- Primary medical & mental health care

- If you are having thoughts of harming yourself call: **1-800-273-8255**

HIV/AIDS RESOURCES

Advocacy, Referral/Support:

Gay Lesbian Community Services 289-6329

- www.glcsmn.org

Mayo Clinic HIV Clinic 255-7763

Mayo Clinic Social Services 284-2131

Professional AIDS Network (PAN)

- Web site: professionalaidnetwork.com
- Email: professionalaidnetwork@gmail.com

Minnesota AIDS Project 1-800-248-2437

The MN Pharmacy Syringe Access Initiative

- Allows purchase of up to ten new syringes at any pharmacy to prevent disease transmission among IV drug users.

Rural AIDS Action Network (RAAN)

1-800-966-9735

LANDLORDS/APARTMENTS

All Star Properties 252-9143

Brit Noser 990-3920

G-A Properties LLP	288-1376
Homestead Village	289-4446
Jakobson Management	536-0000
J & L Management	282-2494
Ken Lechner	288-6773
Med City Management	272-9595
Paramark Property Management	285-5082
RGI Management	289-8000

LEGAL SERVICES

Attorney General Office 1-800-657-3787
(Consumer Protection)

Free Legal Clinic 328-7605

151 4th St SE

- Volunteer attorneys present
- Family law, criminal expungement, small claims court & financial clinics.
- www.co.olmsted.mn.us/lawlibrary

Landlord & Tenant Hotline 529-4111

Legal Assistance of Olmsted County (LAOC)

1700 North Broadway Suite 124

287-2036

FAX – 287-2035

Olmsted County District Court 206-2496

- Criminal/Traffic

Olmsted County District Court 206-2498

- Restraining Orders
- Orders for Protection

Out-front Minnesota 1-800-800-0350

- Assistance with GLBT issues in MN

Public Defender's Office 285-7370

Servicios Legales Para Migrantes

Migrant Legal Services

St. Paul, MN – 1-800-652-9733

Fargo, ND – 1-800-832-5575

- Reclamos de Salario, Beneficios Públicos, Inmigración y Ciudadanía, Problemas con Vivienda, Depósitos, Discriminación, Contratos de Trabajo, Problemas con Contratistas

Southern MN Regional Legal Services

(SMRLS) 292-0080/ FAX – 292-0060

903 West Center St Suite 130

- 1-888-575-2954 from 9am – 3pm

MENTAL HEALTH

Associates in Psychiatry & Psychology

300 3rd Ave SE # 405

288-8544

Blue Stem 124 Elton Hills Lane NW	282-1009
Olmsted Medical Center 210 9 th St SE	288-3443
Rapid Access Clinic 2100 Campus Dr SE, Ste 200	328-6679
Zumbro Valley Mental Health 343 Woodlake Dr SE	289-2089

OTHER HOUSING ASSISTANCE

Intercultural Mutual Assistance Association (IMAA) 2500 Valleyhigh Dr. NW	289-5960
<ul style="list-style-type: none"> • Immigrant/Refugee services: <ul style="list-style-type: none"> • Health insurance assistance • Victim services • Shelter & utility assistance 	
Family Homeless Prevention & Assistance Program Three Rivers Community Action Program	507-732-7399
<ul style="list-style-type: none"> • Eviction prevention • Mortgage foreclosure prevention 	
Salvation Army 20 First Ave NE	288-3663
<ul style="list-style-type: none"> • Rent & utility assistance 	

SELF DIRECTION

Alcohol or Drug Use National Help & Referral Line 1-800-252-6465

Alcoholics Anonymous (AA) 281-1747

- 24 hour phone

Crisis Hotline 281-6248

- Suicide, depression, detoxification

Disability Linkage Line 1-866-333-2466

- Statewide referral & assistance

Domestic Violence Hotlines

- National Hotline (English/Spanish)
1-800-799-7233
- National Islamic Hotline
1-800-732-9601

Family Planning STD Hotline

- 1-800-783-2287

Gamblers Anonymous

- Christ United Methodist Church
400 5th Ave SW
Tuesdays – 7:00 pm
- Christ the King Catholic Church
202 4th St NW Byron, MN
Saturdays – 11:00 am

Harm Reduction Coalition

- “Promoting the health & dignity of those impacted by drug use.”
- www.harmreduction.org

Information & Referral Resource for MN

- Dial: 211 or 1-800-543-7709
- Referrals to health & human services

Minnesota Adult & Teen Challenge 288-3733**Narcotics Anonymous (NA) 281-2227**

- 24 hour phone

National Alliance on Mental Illness (NAMI)

- 287-1692

NAMI Warmline 287-7161

- Thursday, Friday, Saturday & Sunday

National Suicide Prevention Hotline

- 1-800-273-TALK (8255)

Rochester Outreach Center (ROC) 226-8193

2450 Marion Rd SE

- Recovery Programs: NA & AA

Salvation Army Smoking Cessation Clinic

120 North Broadway 529-4100

- Cheaper way to live & feel better

Social Security Application Assistance

Disability Professionals – Mankato

- 1-866-678-1832 or 1-507-625-1832
- Disability Partners – St. Paul
- 1-866-685-2386 or 1-651-633-4882

Veteran Suicide Prevention Line

- 1-800-273-8255

Victim Services - Sexual Assault Program

- 24 hour crisis phone 289-0636

Women's Shelter

- 24 hour phone 285-1010

SHELTER

Dorothy Day Hospitality House 282-5172

703 1st St SW

- Dinner is served daily at 6 pm
- Must have a 30 day break visits
- 9am to 4pm house closed

Interfaith Hospitality Network of Greater Rochester 281-3122

811 7th St NW

- Program provides shelter for homeless families
- At least one child under age of 16

Women's Shelter 285-1010

- Serves women who are experiencing domestic abuse

SHOWER TIME

Salvation Army

288-3663

20 First Ave NE

- Monday – Friday
- 9:00 am – 11:00 am
- 1:00 pm – 3:00 pm
- Showers allowed only during the scheduled times above.

SUBSIDIZED HOUSING

Byron

Elderly (62+), under 62 if handicapped &/or disabled:

- Rolling Heights – (507) 775-2109

Chatfield

Elderly (62+), under 62 if handicapped &/or disabled:

- Lakewood Senior Housing
(507) 867-4791

Eyota

Elderly (62+), under 62 if handicapped &/or disabled:

- Lifestyle Management
(507) 451-8524

Family &/or handicapped:

- Lifestyle Management
(507) 451-8524

Pine Island

30% of gross income for cost of rent:

- Knollwood Apartments (507) 356-8448
- Fox Meadows (507) 356-8979

Rochester

Elderly (62+), under 62 if handicapped &/or disabled:

- Central Towers – 285-1118
- Fontaine Towers – 288-1128
- Northgate Plaza – 289-2022
- Park Towers – 285-9051
- Kenosha Drive – (800) 466-7722
ext.219

Family &/or handicapped:

- Hylands – 288-4201
- Innsbruck – 289-1319
- Rochester Square – 288-9205
- Eastridge Estates – 285-0022

Handicapped only:

- Oakridge – 281-1031
- Newbridge – 282-8284

Elderly only:

- High Pointe – 282-8385

Stewartville

Elderly (62+), under 62 if handicapped &/or disabled

- Downtowner II – (507) 533-8692

Family &/or handicapped:

- Eastside Village – (507) 533-4953

SUPPORTIVE HOUSING

Cronin Home Inc. 282-1204

825 West Silver Lake Dr NE

- “Providing safe, sober, supportive living environment” for chronic chemically dependent/homeless adults.

Homeless Service Team – ZVMHC 535-5642

29 7th St NE

- Serves the chronic homeless

Interfaith Hospitality Network of Greater Rochester

281-3122

811 7th St NW

- Program provides shelter for homeless families
- At least one child under age of 16

The Francis

328-6316

17 4th St SW

- Apartments for long-term homeless
- Must have a diagnosis of MI, CD, HIV, TBI, DD or physical disability

Salvation Army Castleview Residence

120 North Broadway

Property Manager:

424- 4180

Case Managers: 424-4182 or 424-4183

- Permanent supportive housing
- Single adult

Salvation Army Transitional Living & Counseling Program (TLC) 288-3663
20 First Ave NE

- Homeless families with children
- Rent based on income
- Program may last 24 months

Silver Creek Corner 288-0437
2125 Campus Dr SE Fax: 288-0473

- Permanent supportive CD housing

TEEN/YOUNG ADULT SERVICES

Boys & Girls Club of Rochester 287-2300
1026 East Center St

- Monday – Friday 2:30pm – 8:00pm
- Gives every child access to a safe, nurturing, educational environment that positively impacts their lives.

Friendship Place 529-8791
1429 4th Ave SE

- After School Program: 4–5:30 pm M-F homework support, healthy snacks & craft projects
- Evening Tutoring: 7-8:30pm M-TH middle school thru college
- Summer Program - 8/10 weeks long with reading classes, crafts & games

Gay Lesbian Community Services 289-6329

- www.glcsmn.org

LINK Program – Lutheran Social Services

816 South Broadway (Soldiers Field Plaza)

Krista – 269-8085 or Josh – 226-3811

Office hours: By appointment only

- Serves at-risk & homeless youth ages **16-21**
- Serves both families & individuals
- Access to emergency shelter
- Provides basic needs items: food, bus tokens, & clothing

Military Service Registration 847-688-6888

- www.sss.gov

National Dating Abuse Hotline

- 1-866-331-9474
- TTY 1-866-331-8453
- Text – loveis to 77054

Rochester Public School Services 328-4230

- Homeless youth/families
- Immediate enrollment
- Free breakfast & lunch

Runaway Shelter 800-621-4000

- National Runaway Switchboard 24 hr

Workforce Youth Center 280-3582

300 11th Ave SE

Fax: 529-2716

- Monday – Friday 8am-4pm

THRIFT STORES

Community Clothes Line 282-8050
814 11 Ave NE

- Monday & Tuesday 10 am to 6 pm
- Wednesday & Thursday 10 am to 5 pm
- The 2nd Saturday monthly 10am - 4 pm

Goodwill 281-9651
239 28th St SE

- Monday-Friday 9 am to 9 pm
- Saturday 9 am to 8 pm
- Sunday 11 am to 6 pm

Rochester Outreach Center

Sharing Tree Clothing Distribution 218-6221
2450 Marion Rd SE

- Tuesdays: 9:30am to 11:30am
- Fridays: 3:30pm to 6:30pm

Salvation Army Thrift Store 281-1561
201 9th St SE

- Monday – Friday 8 am to 8 pm
- Saturday – 9 am to 5 pm
- Sunday – closed

Savers 536-8050
1201 South Broadway

- Monday-Saturday 9 am to 9 pm
- Sunday 10 am to 6 pm

TRANSPORTATION

Med City Taxi	282-8294
Rochester Public Transit Bus	328-7433
Rochester Taxi	424-8294
UCARE Health Ride	1-800-864-2157
Yellow Cab	282-2222

VETERAN SERVICES

Olmsted County Veterans Service Office

2100 Campus Dr SE 328-6355

- Assistance veteran benefits
- Financial assistance

Rochester Veteran (VA) Clinic 252-0885

3900 55th St NW

Fax: 529-8452

- Primary medical & mental health care
- If you are having thoughts of harming yourself call: **1-800-273-8255**

Veteran Employment Service 285-7315

MN Workforce Center-300 11th Ave NW

- Training for disabled veterans
- Assistance with converting military training to civilian credentials

Veterans Services Program 349-8109

SE MN Center for Independent Living

2200 2nd ST SW Fax: 288-8070

- Bridge to service gaps & provide for unmet needs.
- Housing & employment support
- Individual & system advocacy

VICTIM SERVICES

Intercultural Mutual Assistance Association (IMAA) 289-5960
2500 Valleyhigh Dr. NW

Olmsted County Victim Services 328-7270
Olmsted County Government Center
151 4th St SE – 3rd floor

- **24 hour CRISIS LINE – 289-0636**
- Provides support, information, options and resources to victims of sexual assault
- Provide specialized outreach services to youth, immigrants/refugees and SE Asian community members

Mission 21 202-7028/Cell: 319-7819

- Provides resources and restoration services to minor victims of human trafficking.

Women's Shelter 285-1010

- Assistance with Orders for Protection & Harassment Orders
- Lodging, meals & transportation provided

ACKNOWLEDGEMENTS

The Homeless Community Network extends thanks to the many organizations and individuals who have helped with the cost of updating the *Community Resource* book.

Donations for the printing of the books are appreciated and benefit our community. For information on how to donate please call: 328-6316.

A special **Thank You** goes out to everyone who works hard advocating for those whose voices have not been heard.

**Homeless Community
Network**

Homeless Community Network Supporters

Center City Housing Corp.
Channel One Food Bank
Church of Resurrection
Community Food Response
Community Housing Partnership
DFO Community Corrections
Dorothy Day Hospitality House
Habitat for Humanity
Hawthorne Education Center
Housing & Redevelopment Authority
Intercultural Mutual Assistance Assoc.
Interfaith Hospitality Network
LINK-Lutheran Social Services
Mayo Clinic Division of Community Engagement
Olmsted County Child & Family
Olmsted County GPS
Olmsted County Public Health
Olmsted County Social Services
Olmsted County Veteran Services
Olmsted County Victim Services
Olmsted Medical Center
RCTC-Community Youth Program
Redeemer Lutheran Church
Rochester Outreach Center
Rochester Police Department
Rochester Public Library
Rochester Public Schools
Salvation Army
Southeastern MN Center for Independent Living, Inc.
Southern MN Regional Legal Services
Three Rivers Community Action, Inc.
United Way of Olmsted County
Women's Shelter, Inc.
Workforce Development, Inc.
WSU-Rochester-Nursing Program
Zumbro Valley Mental Health